INSTRUCTIONS FOR USE

1. Plug in the AC power cord into any available standard electrical outlet.

2. Place duckbill valve into underside of breast-flange.

3. Place orange end of tubing with press/fit connector into back of breast-flange.

4. Twist breast milk storage containers onto breast-flanges.

5. Twist dual-port filters securely onto the pump. A slight gap between the face of the pump and filter is normal.

6. If single pumping, place opposite ends of tubing onto the dual-port filter and ensure cap is securely placed onto unused port.

7. If double pumping, ensure both tubes are securely placed onto the dual-port filter.

8. Set strength regulator to "MIN" and the speed regulator to "OFF."

9. When ready to begin pumping, set the speed regulator to "ON." Adjust settings to comfort level.

10. When pumping session is finished, turn the pump off.

CARE OF YOUR HYGEA BREASTPUMP

- Please follow each step carefully to ensure proper care and maintenance of your breast pump.

DUAL-PORT FILTER CARE

1. Do not wash the dual-port filter. Replace immediately if filter gets wet or dirty.

TROUBLESHOOTING

If there is no suction or very low suction:
1. Make sure the device is plugged into a working electrical outlet source.
2. Make sure all the kit connections are secure to the breast pump.
3. If single pumping, make sure the unused dual-port is sealed.
4. Make sure that the tubing is fitted securely into the breast-flange.
5. Check to ensure that all duckbill valves are inserted correctly on the underside of the breast-flange.

If milk appears in tubing:
1. Immediately turn off the pump and unplug from power source.
2. Remove and take apart the tubing and dual-port filters. If the filter got wet it must be replaced immediately.
3. Wash the tubing with warm soapy water and rinse with clear cold water to clean any milk residue.

DO NOT USE THE DUAL-PORT FILTER

4. Shake water droplets out of tubing and hang to air dry.

For faster drying, pour a small amount of isopropyl alcohol through the tubing to dry. Tubing should be completely dry before re-attaching to the filter.

Company Contact Information:
Hygeia Medical Group, Inc.
1357 S. Acacia Avenue, Suite A
Fullerton, CA 92831
Tel: (714) 515-7537 / Fax: (714) 494-4057 / Toll Free: (888) 786-7466
www.hygeialbany.com
**TECHNICAL DESCRIPTION**

This equipment is not protected against ingress of water.

- **Type BF applied part.**
- **Attention, consult accompanying documents.**
- **DC input voltage.**
- **Follow local regulations regarding disposal.**
- **CSA approved.**
- **S/N:** Serial number.
- **Double insulated.**
- **Alternating current.**
- **Indoor use only.**

**ELECTRIC BREASTPUMPS**

**ELECTRIC BREASTPUMPS**

**TECHNICAL DESCRIPTION**

**This equipment is not protected against ingress of water.**

**Type BF applied part.**

- **Attention, consult accompanying documents.**
- **DC input voltage.**
- **Follow local regulations regarding disposal.**
- **CSA approved.**
- **S/N:** Serial number.
- **Double insulated.**
- **Alternating current.**
- **Indoor use only.**

**COLLECTION AND STORAGE OF FRESHLY EXPRESSED BREASTMILK**

**LOCATION** | **TEMPERATURE** | **STORAGE LIFE OF FRESHLY EXPRESSED BREASTMILK**
--- | --- | ---
Countertop, Table, etc. | Room temperature (up to 77°F or 25°C) | 6-8 Hours (1)
Insulated Cooler Bag | 5-59°F / -15-4°C | 24 Hours (2)
Refrigerator | 39°F / 4°C | 5-7 Days* (3)

**COLLECTION AND STORAGE OF THAWED/PREVIOUSLY FROZEN BREASTMILK**

**LOCATION** | **TEMPERATURE** | **FRESHLY EXPRESSED BREASTMILK**
--- | --- | ---
Countertop, Table, etc. | Room temperature (up to 77°F or 25°C) | DO NOT STORE
Insulated Cooler Bag | 5-59°F / -15-4°C | DO NOT STORE
Refrigerator | 39°F / 4°C | 24 Hours**

1. Containers should be covered and kept as cool as possible; covering the container with a cool towel may keep milk cooler.
2. Keep ice packs in contact with milk containers at all times, limit opening of cooler bag.
3. Never freeze any personal accessory set pieces, including storage containers, as this may alter the shape and they may shatter if frozen and dropped.

**REFERENCES:**


**SUCCEFUL PUMPING**

**Ten Quick Tips for getting started**

**#1 - RELAX** as much as possible (slow deep breathing helps)!
You are learning a new skill, and your milk will flow more easily if you are calm.

**#2 - At first, plan to SINGLE** pump (one breast at a time) while you are learning.

**#3 - Keep in mind that it is NORMAL** to collect a small amount of milk the first few times.

**#4 - Place WARM** packs on the breasts, for a few minutes before pumping. This can help with relaxation and milk flow.

**#5 - MASSAGING** the breast and gentle compressions before and during pumping can greatly assist with milk ejection and breast drainage.

**#6 - Set the SUCTION STRENGTH** control to “minimum”, and then gradually increase the strength level to your comfort level.

**#7 - Try pumping with the CYCLE SPEED** at the highest setting for the first 1-3 minutes of pumping to help encourage milk ejection.

**#8 - Use the C.A.R.E.** button (if available) to record your baby’s sounds and listen a few times before pumping. This may help trigger milk ejection.

**#9 - REMEMBER** that every mother and baby is unique! Try out these different tips to see what combination works best for your situation. You will find it becoming much easier with practice.

**#10 - Get HELP** from a qualified lactation specialist if you are having difficulties.

You can find more information and resources at the Hygeia web-site: www.hygeiababy.com. You can also email (customer.service@ hygeiababy.com) or call our customer service department (714-515-7571 or toll free 888-786-7466) with any questions you may have.

**Important Notes:**
- If you experience discomfort, contact your lactation professional or health care provider.
- To locate Hygeia products or a breastfeeding specialist in your area, please call (714)-515-7571 or visit our website.

**Mother’s Milk…The Promise of Health. ™**